



Wexford Meals



The Lunch Program offers items from Veggies, Fruit, Proteins and Grains to provide a variety of foods for our students .

Circle the requested **Drink** for each day. White = Wh, Chocolate = Ch, Apple Juice =AJ, Orange Juice=OJ, Iced Tea = IT **A drink is included in the meal price.**

For **Homemade Chicken Soup** w Veggies, circle Yes or No. Any meal can be substituted with Pizza or Chicken Strips.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Drink Soup/Bun Fruit Bar	2 Drink Pizza Fruit	3 Drinks Only	4 Drink Spaghetti/Meat Sauce Fruit	5 Drink Fish Burger Fruit Bar
8 NO SCHOOL	9 Drink Chicken Nuggets Veggies	10 Drinks Only	11 Drink Pogo's Fruit	12 Drink Mac & Cheese Fruit
15 Drink Chicken Burger Fruit	16 NO Drinks NO Meal	17 Drinks Only	18 Drink Ham/Mashed Potatoes Gravy Fruit Bar	19 NO SCHOOL
22 NO SCHOOL	23 Drink Chicken Strips Chips	24 Drinks Only	25 Drink Soup/Bun Fruit Bar	26 Drink Cheese & Bacon Dog Fruit
29 Drink Perogies/Kubassa Fruit Bar	30 Drink Pizza Pops Fruit			

..... KEEP TOP PART FOR YOUR RECORDS

Name: Grade:

Please make cheques payable to Wexford Street Projects.

Meal	\$5.00	x	___	=	___
X Drink	\$1.00	x	___	=	___
X Piece	\$2.00	x	___	=	___
X Ice Cream	\$1.00	x	___	=	___
Total \$		_____			

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Homemade Yes or No Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	2 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X piece___ X ice cream ___	3 Drink___ Wh - Ch - AJ - OJ - IT	4 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	5 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___
8 NO SCHOOL	9 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	10 Drink___ Wh - Ch - AJ - OJ - IT	11 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	12 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___
15 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	16 NO Drinks NO Meal	17 Drink___ Wh - Ch - AJ - OJ - IT	18 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	19 NO SCHOOL
22 NO SCHOOL	23 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	24 Drink___ Wh - Ch - AJ - OJ - IT	25 Homemade Yes or No Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	26 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___
29 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___	30 Meal___ Wh - Ch - AJ - OJ - IT X drink___ X ice cream ___			